The Christian soldier must be equipped with the proper armor and equipment from head to toe. Every part of the armor is designed to help us to stand against the attacks of our enemy.

The belt of truth holds us together and keeps everything in place giving an integrity of belief and behavior, the breastplate of righteousness protects our heart and is the protection of Christ’s holiness and victory over sin.

Our legs and feet establish the proper foundation so that we can hold our ground while we are under attack. In Paul’s day Roman soldier’s sandals had nails in the soles so that the soldier would not slip.

Remember our job in all of this is to **STAND** (Eph 6:13) Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.

The gospel gives us stability and peace during spiritual warfare, and we need to be ready to go anywhere with the good news and hold our ground when under attack. Let the good news about peace with God prepare your minds to serve him in opposing the evil spiritual forces.

“But sanctify the Lord God in your hearts: and be ready always to give an answer to every man that asketh you a reason of the hope that is in you with meekness and fear” (1 Pe. 3:15).

“And he said unto them, Go ye into all the world, and preach the gospel to every creature” (Mk. 16:15).

It is that confidence of divine support which allows the believer to stand firm, knowing that since he is at peace with God, and God is his strength